

Philosophy of an emotion

Pride

MARTHA CLAEYS

Pride may seem like something for people with big egos, for individuals who are easily offended, and for braggarts who have no boundaries on social media. Those who are proud tend to put themselves too much in the spotlight.

Clear, sober, cheerfully written, close to the spirit of the times.

DE GROENE AMSTERDAMMER

But pride also underlies emancipation and can be a powerful weapon in protest. With pride, you can better appreciate your own worth. More space for certain forms of pride may be the key to social justice.

Pride may seem like a flat, superficial emotion, but Claeys shows it's more complex.

TROUW

Philosopher Martha Claeys explores the meaning of pride and shows that this emotion is especially important in our turbulent times.

'Be proud and take up space, especially where it is not expected of you: kiss your partner in public, celebrate real achievements, don't be ashamed of your body. And if you already have that space: share it with everyone who quietly gathers the courage to be a little prouder.' – Martha Claeys



AUTHOR



Martha Claeys (b. 1994) holds a doctorate in philosophy. As a writer and speaker, she explores how people can relate well to each other. She shows that a better understanding of emotions such as pride, anger, and love can bring clarity to ethical dilemmas. Together with Lotte Spreeuwenberg, she hosts the philosophical podcast 'Kluwen'.

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